



DEPARTMENT OF VETERANS AFFAIRS  
Medical Center (111)  
One Veterans Drive  
Minneapolis, MN 55417  
[www.minneapolis.va.gov/](http://www.minneapolis.va.gov/)



Dear Veteran:

The VA strongly recommends that you receive a seasonal flu shot **each year** if **any one** of the following is true:

- you are 50 years of age or older
- you see a doctor for another serious medical condition
- you have a condition that effects your ability to breathe, swallow or cough.
- you have heart disease, lung disease (such as emphysema or asthma), or diabetes
- you will be pregnant during the flu season

In addition, household members in contact of persons in these high priority groups are also strongly encouraged to receive a flu shot every year.

Flu vaccine is safe and effective. If you have **allergies** to eggs, chicken, neomycin or polymyxin, or have had a life-threatening reaction to previous flu shot, you should **not** get a flu shot.

### **2012 Minneapolis VA Medical Center Flu Shot Hours**

*Open Weekdays Only (closed Weekends)*

Location: Flag Atrium (just inside the Visitor Entrance)

**October 22 through October 26, 8:00AM to 4:00PM**

You do not need an appointment to get a flu shot in any of the scheduled flu shot clinics listed. **You may also receive this year's flu shot at a regularly scheduled clinic visit – just ask your nurse or doctor.** Although flu shots are provided without charge to Veterans, travel pay is **not** available for coming to the Flu Shot Clinics.

**The VA Flu Shot Clinics are for enrolled Veterans.** However, the VA recognizes how important it is for spouses and other caregivers of our Veterans to receive flu shots. This year the Minnesota Visiting Nurse Agency (MVNA) will offer flu shots to non-Veterans at the Minneapolis walk-in clinic only. **This service will be from 9AM – 2PM.**

**MVNA is able to accept and bill Medicare Part B and a variety of insurance plans. The non veteran should bring any and all insurance cards. A list of insurance plans will be available. The non insured may pay the nurse \$29.00 for a flu shot.**

## Influenza Immunization Schedule 2012

### Community Based VA Clinics

In addition to the schedule for the Minneapolis facility, VA Clinics will offer walk-in flu shots to registered Veterans following the schedule below.

Sorry, we are unable to offer immunization to families and caregivers at these locations.

Chippewa Falls	October 31 <sup>st</sup>	8:30 am -3:30 pm.
Hayward	October 25	8 am-4 pm
Hibbing	October 24	8 am- 4 pm
Mankato	October 23, 24, 25,	8 am -11 am and 1 pm-3:30 pm.
Maplewood	October 26	8 am-4 pm
Northwest Metro (Ramsey)	October 30, 31 November 1	8-4 pm
Rice Lake	October 26	8 am-4 pm
Rochester	October 26	7:30-4pm
St. James	October 29 November 1	1-4 pm 9-11:30 am
Twin Ports	October 22-26	1 pm -3 pm

For safety's sake, please arrive no more than 30 minutes before the walk-in clinic is to open and no later than 30 minutes before scheduled closing time. Thank you.

Sincerely,

Brad Foley  
Health Promotion Disease Prevention Coordinator